



# Your Best Year Yet

Start The Year Right



**DEVELOPRENEUR**  
BUILDING BETTER DEVELOPERS



# Steps To Your BYY

- Learn From The Past
- Refine Your Goals
- Measure Your Desire
- Make A Plan
- Off To a Good Start









# Look Back To Look Ahead

- What were your goals last year?
- Did you under or over-shoot?
- What went well?
- Is there anything you should stop?
- Are there new goals to set?





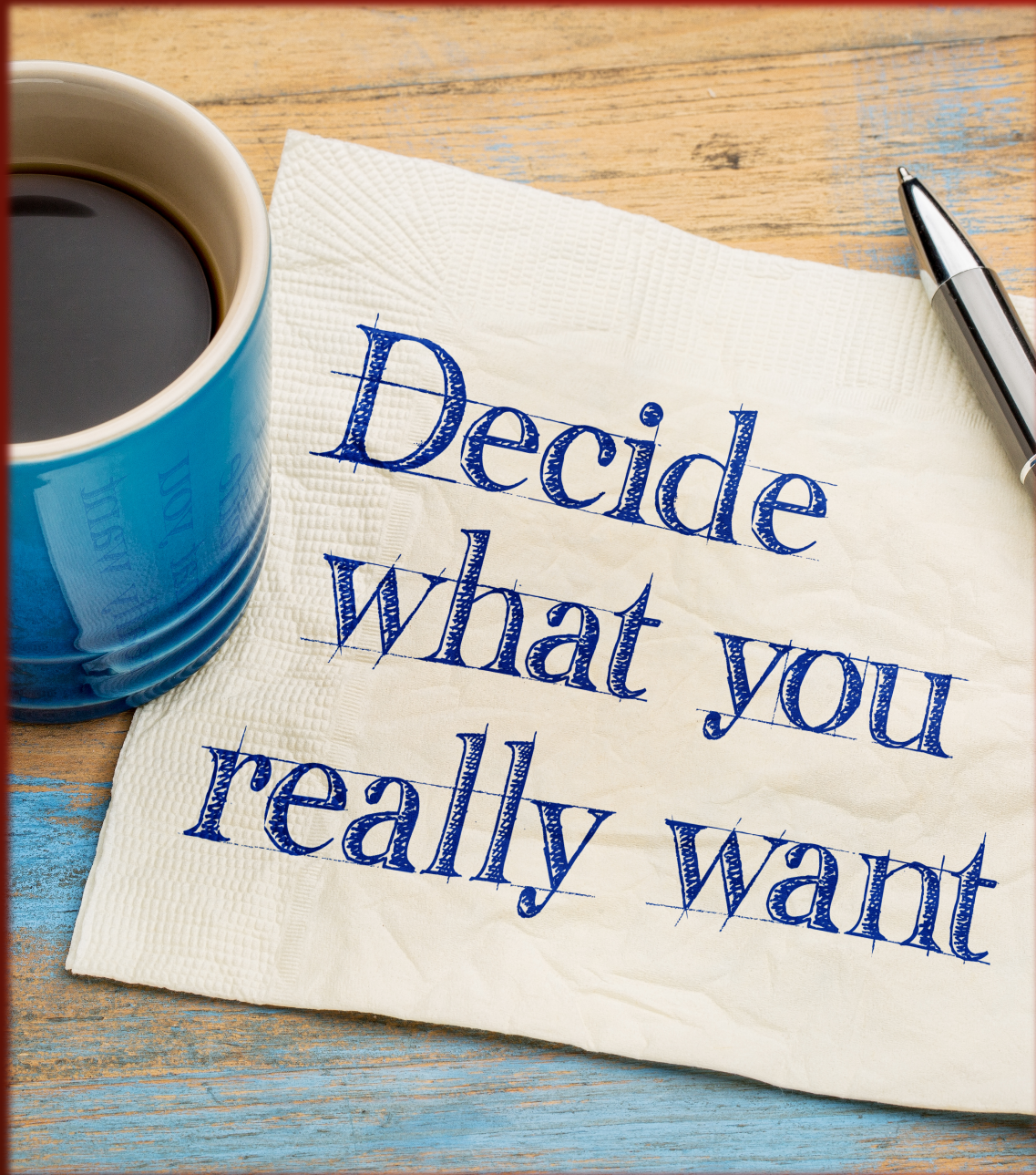
# Refine Your Goals

- Where you fell short look for simplification options
- Is there a big goal you can work on this year?
- A little progress is better than none
- Sunk costs and burnout





# Measure Desire



- Build Your List of Goals
- Order them by priority
- Drop off the bottom half of the list
- Review and adjust priorities as needed
- Focus on top half of list items
- Bottom half is for incremental progress





# Desire Sanity Check

- Your goals, not those of others
- What are you willing to give up?
- Is this a finite goal or one that can never be considered “done?”
- Set limits as needed
- Review with friends, family, etc.



# Make A Plan

- Start with year goal then break into quarters and monthly progress.
- How do you reach those milestones?
- Compare to the past year
- Build in buffer for life events
- Adjust as needed





# A Good Start



- Set your plan and start today, if possible.
- The sooner you start on it the better.
- Set aside time and build habits
- Habits of even ten minutes can build over time
- Stop immediately anything you need to stop
- When you stumble get back on track and shake it off



# Celebrate Success

- Set short term milestones of a few days or week at most
- Celebrate or “treat yourself” for completed tasks
- Avoid “adding on” or working ahead
- Review weekly to begin and adjust pace as needed





# Final Thoughts

- Slow and Steady is maintainable and can build a lot of momentum
- Push, but not too hard
- You cannot do everything
- Accept and celebrate success
- Define goals and stick to it
- Questions? Comments?





# What We Learned

- Today is the best day to start on your life goals
- Estimation is rarely perfect so adjust as needed
- Take time to enjoy your victories
- (We forgot) Share with others :)





# Thank You!

I appreciate your time and would love to discuss any of this further. You can send questions, comments and suggestions through any of these methods.

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Our goal is making every developer better.

